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**Athletic Association West**

**Soccer Rules (Revised 2018)**

**All Divisions:**

* No time outs
* Off-sides will be called
* **No slide tackling is allowed**
* Substitution to be done: on throw ins, goal kicks or after a goal only and

must be done with the **approval of the referee**

* Referee will warn a player once about rough play or inappropriate language and then inform the coach. A second offence by the same player will result in removal from the game
* It is strongly recommended that shin pads and cleats (non-metal) be worn
* Each player must have a team sweater. Goalie should have different coloured jersey or not wear a team shirt. There should be no changing of shirts on the field
* All other soccer rules apply (according to Ontario Soccer Association)

**\*\* Junior Teams will now be playing 8 players on the field plus their Keeper.**

**Mixed Teams (Junior B and Grade 3/4):**

* Teams must have a minimum 4 girls on the field at all times

**Please note the following:**

* Coach should check in with the convener when they arrive to pick up information on scoring system and tie breaking rules.
* Coaches should ensure that their team is ready to start games on time to help keep the schedule running smoothly.
* There will be a brief **Coaches Meeting** at 9:15 a.m. at the registration area.
* **Emergency shelter** (ie. Thunder and lightning) will be determined, and information will be given to coaches the day of the tournament. (Please refer to convenor for instructions and updates as necessary)

**\*\* Tie Breaking Rules**

No game will end in a tie. If a game is tied at the end of regulation time a sudden death shoot out will decide the winner. One player from each team will shoot. If they both score or both miss, there will be a new round with two new players. This continues until one team scores over their opponent.

**COACHING and REFEREES GUIDELINES**

**Direct Kick Indirect Kick**

- 10 yards away - from infraction point

- not back to goalie - results from:

- called when following happens: dangerous play

charging from behind offside

handling the ball

holding/jumping opponent

kicking an opponent

kicking ball held by goalie

pushing

striking

tripping

violent charging

**Goal Kick** - offensive player kicks ball across end line

**Kick-off** - opposing team 10 yards away

- ball must go to other player before kicker touches again

**Corner Kick** - defensive play puts ball across end line

- players 10 yards away