



Algonquin & Lakeshore
Catholic District School Board

How to Wear My Mask!



Lots of people, including me,
are wearing masks lately.



It's important to put our masks
on right to help keep everyone
safe!

To put my mask on, first I wash my hands.



Next, I bring my mask to my face and put the loops over my ears.





I make sure that my mouth, nose, and chin are covered by pulling the edge of the mask up or down.

Now that my mask is on, I have to try and remember a few things!



First, I should not touch my mask with my hands.

I should also never share my masks with others.



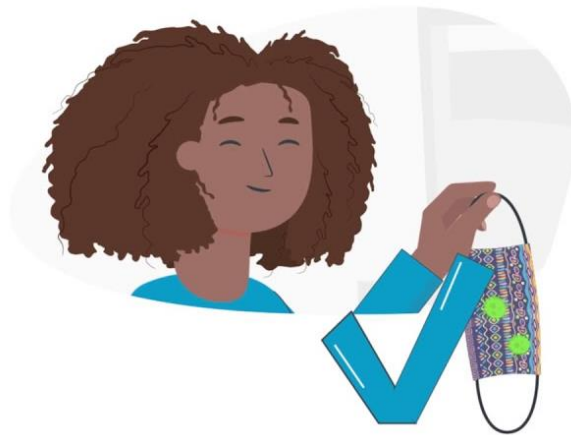
My mask is only for me!

When it is time to take off my mask this is how I do it. First, I wash my hands.





I reach behind my ears to take of the mask using the ear loops.



Then I move the mask away from my face.

If I am reusing my mask, I can
put it in a clean bag or
wherever my teacher or adult
tells me to.



I should be careful to not touch
the mask when putting it away
and to close the bag tight.

If I am all done wearing my mask I can also put it in the garbage.



And then wash my hands one last time!



Putting on and taking off my
mask safely is important to
keep me and my friends
healthy!



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