



# Back to School Resources

For Elementary School Students



Going back to school this year will look a little different, but here are some resources to help support a safe and healthy return to school.



## Hand Washing

Regular and proper hand washing is essential! Click on the play button above to find a link to a video demonstrating how to wash hands.

[Click Here](#)

to find a visual for covering your cough!

## Covering Your Cough

It is important to cover your cough or sneeze with a tissue or elbow to prevent the spread of germs.

## Supporting Your Child's Transition

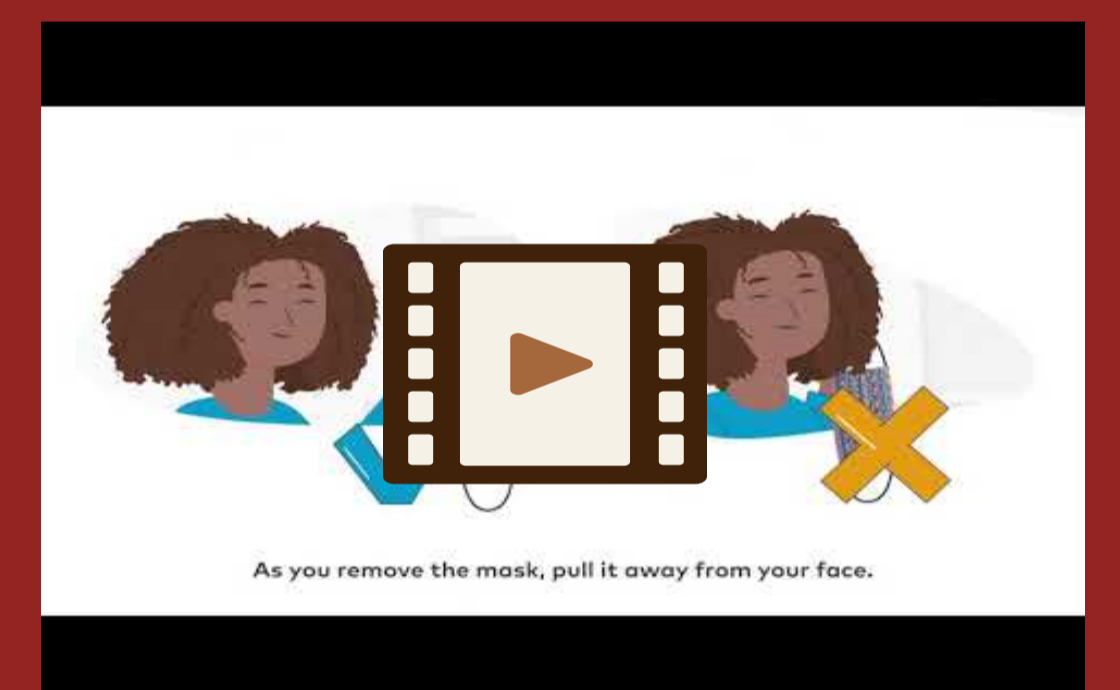
How to support your child's mental health during COVID-19 and the return to school

[Click Here](#)

to find a helpful website with tips to support your child!

## Wearing Masks

Students grade 3 and younger will be encouraged, but not required, to wear masks. Wondering why you have to wear a mask or how to wear your mask safely? Check out these videos!



## Things Might Look Different

Things will look different at school this year, including the teachers. Click on the book below to find a link to a social story "Why Does My Teacher Look Different?"



## Greet From Six Feet

Staying six feet from each other is important to help keep everyone safe. Students will be encouraged to maintain this distance and find new ways to say hello to friends.



**Algonquin & Lakeshore**  
Catholic District School Board