

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



September 2019 Newsletter

Newsletter is issued at the beginning of each month

Principal's Address

As much as the transition between August and September is a difficult one, I am always so revitalized by the energy and enthusiasm of the students and staff as they return to our community. It seemed like nearly every group contributed to a big welcoming of our newest Panthers (210 of them!) at the A-Head Start Program. It was a great success and allowed our incoming students to become familiar with our practices and procedures. A big thanks to Mr. Santos for organizing this endeavour! Our Grade Nine Welcome culminates on the second Friday afternoon of our new school year with orientation activities. Parents, please reinforce that your sons and daughters should change out of their school uniform at lunch and into comfy clothing (RND t-shirts) for an afternoon of fun outdoor activities.

Staffing is nearing conclusion with hopefully only a few classes beginning with a temporary teacher. New to staff (or returning) faces include: Ms. McLeod, Ms. Clancy, Ms. Withers, Ms. Bertrand-McDonald, Mr. Warren, and Ms. Whitley. Our newest staff members are strong, passionate and dedicated educators and support staff. We wish Ms. Scovill all the best as she begins a new adventure at St. Thomas More.

Over the past year, we worked hard to renew some of our school policies, primarily in an attempt to ensure all of our community share a common understanding. Administration will share much of this with students and parents, in person, and via our website. Our revamping of the website is one example of how repopulating data provided an opportunity to have fresh eyes on our shared documents.

Parking continues to be a concern at RND. Only permit (staff) parking is allowed in the Cowdy lots and no one should be parked along the round. We have two access buses that pick students up at day's end at the Cowdy Street doors. If parents are picking up their sons or daughters on Cowdy Street, please keep your car moving and allow room for the school bus to park near the ramp and depart from there as well. Your help is appreciated in this busy, shared space. Together, we ensure the safety of all of our young people,

I am so excited about this school year. Our mission statement reflects back on our common call for support and prayer, by our patron saint. We rely on her example, her high standards, and her support. I encourage everyone to get involved in the school. From Faith In Action to the Chess Club, we have

something to offer for everyone. Please check the school website and our social media accounts on a regular basis to see if there is something for you.

Terri Daniel

Pastoral Services

St. Marguerite Bourgeoys...Pray for us! In April 2020 we celebrate the 400th Birthday of our patron Saint. We thank God for St. Marguerite and every person created in God's image, including our students and staff. Giving thanks reminds us of how fortunate we are and that moves us to generosity. Even in times of scarcity we know that God will provide for the RND community as God has done for over 150 years.

The first school mass will be in the CND Gym on Wednesday, Sept 25th at 9:30 am on a mass day schedule. Even if you are not Catholic, this is how our community gathers to pray for, celebrate and support one another. The Body of Christ is incomplete without each and every one of us present, so please make this a priority. Gr. 9 classes will be coming to the chapel in advance of the first mass as we hope for fully conscious and active participation in the mass from our whole community.

New to RND? There will be a free lunch for students from any grade who are new to RND. Stop by the chapel on **Wednesday, Sept. 11th** at 11:10 for some pizza and drinks and meet others who are new to RND as well!

FIAT- The Faith in Action Team will have its first meeting on **Monday, Sept. 9th** at 11:20 in the chapel to plan for charity and justice activities this school year. There will be a mini-retreat the following **Monday, September 16th** during Period 2, lunch and Period 3.

Service - There will be an opportunity to serve others at St. Vincent de Paul on **Monday, September 30th** in Period 2, Lunch and Period 3.

Multicultural lunch - There will be a pizza lunch for students who are proud of their cultural heritage and want to share that with each other on **Thursday, September 19th** at 11:10 in the Chapel. Later in the year there will be opportunities for First Nations learning, and there will be an African Caribbean Student group that meets after school with mentors from Queen's University.

Choir - meets on **Tuesdays** at lunch in the Chapel beginning at 11:30. New members are welcome.

Student Services

Timetable Changes for Semester Start

Beginning Tuesday, September 3rd all students must remain in their classes assigned on the timetable, even if the student thinks that there is a course on it that was not requested.

Priority will be given to students with incomplete timetables:

- a) grade 9 to 11 students with fewer than 8 courses
- b) grade 12 students with fewer than 3 courses in either semester

Students with incomplete timetables for semester 1 and semester 2 should report to the Student Common during the blank period on their timetable. At that time, students will have the opportunity to meet with a guidance counsellor who will work to resolve the timetable issue. Students should NOT leave an assigned class to come to Student Services. **It is imperative that students with incomplete timetables address these concerns.**

There may be a few students who are aware that they are ineligible for a class because they do not have the correct pre-requisite (for example – a student is scheduled in grade 11 math but did not pass the grade 10 math). Those students should also come to the Common ONLY during the period in question.

Students wishing to inquire about a course change must see a guidance counsellor in the Common ***between classes or during lunch.***

No changes in electives for grade 9 and 10 will be considered. Any changes to grade 12 schedules will be based on pathways for graduation requirements and post secondary education.

Online Booking for Guidance Appointments

Once again Student Services will use the online booking process for student guidance appointments. The Appointment icon is located in students' Virtual Common. It is important for students to check their board email @alcdsb.on.ca to receive confirmation of appointment date and time from their guidance counsellor. Online booking will be made available to students beginning **Monday, September 16th**. If you need to see your guidance counsellor immediately, please speak with our Student Services secretary, Mrs. Warren.

If parents need to contact a guidance counsellor, please call **Mrs. Warren** at extension 2503. Please do not email the guidance counsellor. Guidance counsellors will contact you as soon as possible. If it is an emergency, please indicate this to **Mrs. Warren**. Guidance counsellors do not answer phones when they are working with students and, additionally, can become quite backlogged at the beginning of the school year.

Regi Guidance on D2L

Once again, students can access information from Student Services on the Regi Guidance page in their Virtual Commons. Students will find information relevant to their grade. They can also find information on volunteer opportunities, scholarships, bursaries, SHSMs, employment opportunities, and many useful website links.

Grade 9 Students – Meeting your Guidance Counsellor

Beginning **Wednesday, September 12th**, Guidance Counsellors will meet with Grade 9 students. Grade 9 students will be visiting Student Services during period two. Guidance counsellors will outline the services and supports available for students to use throughout their time at RND.

Grade 12 Students – Post Secondary Planning

Grade 12 students should be checking with post-secondary schools and their websites to ensure they have met all the requirements for their desired post-secondary program. If students are unsure of the requirements or need to make changes to their timetable, they should make an appointment with either **Ms. Gaudet or Mrs. Glancey Cox** ASAP.

All Ontario university programs and degree programs at Ontario colleges require applicants to have a total of 6 grade 12 university (4U) and mixed (4M) courses to be considered.

Some courses fill up quickly and/or are only available during one semester. Reaching your post-secondary goal requires YOU to plan, to respect deadlines, to work hard, and to make realistic choices.

To further your understanding of what Ontario Colleges have to offer, check out ontariocolleges.ca.

To do the same for Ontario Universities, head to ontariouniversitiesinfo.ca (formerly electronicinfo.ca).

Co-op Students – Grade 11 and 12

For the first two weeks of the semester, all students who are enrolled in cooperative education will be in preplacement classes at RND. Students will report to room 214 at the time co-op appears in their timetable. During this timeframe, students will work collaboratively with the **Mr. Farrell and Ms. Lott** to secure job placements for co-op. Families are encouraged to reach out to contacts in the community to assist in this process.

Specialist High Skills Major

RND offers SHSM in Arts and Culture Sector, SHSM in Non-Profit Sector, and SHSM in Sports Sector. SHSMs are for grade 11 and 12 students who are interested in customizing their secondary school experience to suit their interests and skills.

SHSM students have the opportunity to:

- bundle Grade 11 and 12 credits related to the sector to connect their learning to the sector
- earn valuable industry certifications including First Aid, CPR and WHMIS, at no cost
- participate in experiential learning and career exploration activities (ex. conferences, worksite tours, and workshops)
- tour colleges and universities and workplaces in the sector
- take dual credit courses at the college

For more information contact Student Services. Applications are available on the RND Guidance Page in the students' d2L. Deadline to apply is **Friday, October 4th**.

Important Dates for September

Tuesday, September 10th

Grade 12 Post Secondary Information Assembly, 10:00 am in the Cafetorium

Friday, September 13th

Last day to change classes

Thursday, September 19th

Post Secondary Information Night for Parents, 6:00pm in the Cafetorium

Friday, September 27th to Sunday, September 29th

If you're thinking about attending an Ontario university, don't miss **the Ontario Universities' Fair (OUF)**. This is an event where you can visit all 21 Ontario universities in one place. The OUF takes place at the Metro Toronto Convention Centre and admission is free.

Wednesday, October 9th

If you are college-bound next year or want to know more about what Ontario colleges offer, check out the **College Information Program (CIP)**. It will take place in Kingston at St. Lawrence College on **Wednesday, October 9th, 2019** from 1:00pm to 2:30pm.

Tuesday, October 22nd

Also, the **University Information Program (UIP)** takes place in Kingston at Frontenac Secondary School on **Tuesday, October 22nd, 2019** from 6:00 pm to 8:00 pm.

KINGSTON WRITERSFEST

Our students often participate in the daytime workshops associated with Kingston Writersfest. We encourage students and parents alike to take part in this opportunity, wherein noted authors, essayists and poets gather right here in Kingston. If you are interested in learning more about the five days of telling stories taking place in later September, please visit www.kingstonwritersfest.ca.

WritersCraft

There are still spots available to enrol in the Gr. 12 WritersCraft course being offered in second semester. Current Gr. 11 and 12 students are eligible. Please see your guidance counsellor if you are interested.

International Baccalaureate Updates

All students enrolled in the IB Programme: full Diploma students, Certificate students, and students in Pre IB, are asked to pay their IB Fees using the School Cash Online service located on the RND website. The fee for DP, Certificate Courses and Pre IB courses is \$310.00. **Please pay by September 15th**.

Welcome and orientation grade meetings will take place in early September. Students who have individual questions about the programme are asked to come see **Mr. David** in the **IB Office**, located in the school library.

Our Year 1 and Year 2 students will be embarking on their **CAS Trip to Peru** on **September 28th** and returning to us **October 5th**. They will be experiencing local food, culture, history, and ecology while living and working with indigenous families. The highlight of the trip is a train ride through the Andes Mountains with a final destination at Machu Picchu. We wish them a safe, fun, and rewarding experience.

All IB students are reminded to check regularly the **Regi IB D2L page**. This site contains information about the programme, key dates and reminders, as well as critical documents.

Spain and Portugal

Spend March Break 2020 with your friends exploring **Spain** and **Portugal**. The lands where explorers set sail and proved the world was round! Home of Picasso, soccer, inspired classical guitarists and flamenco dancing. See magnificent ancient architecture, test your Spanish and Portuguese language skills and learn about the area's rich history. Limited spaces are available. For more information and registration details contact **Mrs. Zborovsky**; zborovsk@alcdsb.on.ca.

Monthly Newsletter

The RND newsletter is available by subscription and will be posted monthly on our website. For the latest news simply go to:

<https://www.alcdsb.on.ca/school/regi/Pages/pgHomePage.aspx> and sign up to receive the newsletter each month.

Important Dates

Friday, October 11th

Early Report Cards Sent Home

Thursday 17th October, 3pm-5pm and 6pm-8pm

Parent Teacher Interviews

Wednesday 23rd October; 6pm-8pm

Parent Teacher Interviews

Thursday, November 7th

Flip day for Civics/Careers

Friday, November 22nd

Mid-term Report Cards Sent Home

January 23rd to 29th

(includes 1 inclement weather day) Exams

Monday, February 10th

Final Report Cards Sent Home

Attendance at RND

At RND we are very concerned that all students realize their full potential. The Education Act of Ontario is very specific in addressing the expectation that every student under the age of eighteen be in attendance at school.

Our direct expectation is that students attend all of their classes in uniform and complete work that is assigned. At RND we are very concerned with ensuring that no student is unsuccessful as a result of irregular attendance. We will make every effort to keep parents aware of any problems with respect to attendance as it relates to their child. **Parents can expect contact by the school and, where necessary, administration in dealing with student absence. Administration will inform parents and guardians in writing when absences from a class reach critical levels.** In order to accomplish this goal, the following procedures will be followed.

1. Attendance will be taken during each class. All student absences will be checked. **If you know that your child is going to be away, please call the school. Otherwise, the attendance office and/or classroom teacher will be contacting you at your home or your place of business.** If a call has not been received from the parent, the student must bring a note the next day explaining their absence.

2. All students who are absent from school or any class during the day who cannot satisfactorily account for their absence (normally by bringing a note signed by their parent, guardian or a doctor's certificate) will be required to make up missed time.

RND Catholic School Council

The RND Catholic School Council forms an advisory body which provides ideas and opinions to assist the principal and, where appropriate, the Board in their decision-making on educational issues. The advice is based on the general views of the school community and in the best interests of Regiopolis-Notre Dame students.

Council meetings are generally held five or six times throughout the school year and are open to all members of the RND school community. Interested parents or guardians who wish to let their name stand for election are asked to complete a nomination form and return it to the attention of **Ms Terri Daniel, Principal**, by **September 13th, 2019**. The first meeting is on **Tuesday, September 24th** at 6:30 p.m. in the **library**. Other upcoming meetings are Oct 29th, Nov 26th, Feb 4th, Apr 7th and May 12th. All welcome.

Nomination forms are available on our website or through **Mrs. Patricia Maheral** in the main office; 613 545-1902, ext 2502.

Used Uniforms

Are you short some items from your uniform apparel? Not to worry; RND has a large assortment of used uniform items for you to purchase at a very minimal price. All money goes to support families in need. If you are interested in purchasing items, please call or see **Mrs. Bouvier** in the main office; 613 545-1902 ext. 2200.

As well, we welcome the donation of any used uniform that you may have at home. Please drop off any items to the main office.

RND Boys Rugby Head to Ireland

It's official!! Regi Boys Rugby will be heading to Ireland this March Break! The Panthers plan to kick off the 2020 season with a spectacular tour of Dublin, Galway and Limerick, where they will compete and train with Irish teams, experience the rich history and culture on the emerald isle. The trip is for any male rugby player from grade 9-13 who preferably have previous rugby experience. The tour dates are from **March 12th – 21st, 2020**. If you are interested in joining, please contact **Mr. Amos** or **Mrs. Ramsay** as soon as possible for more information. Only a few spots remain.

Check Out Chess At RND

Have you ever been interested in playing chess? If so, there is a fun, casual way to play chess while meeting new friends. Meet during lunch in room 114. All grades and beginners welcome. See **Mr. Mackler** if you have any questions.

Athletics

Welcome back Panthers!! Time for another year of excellence in RND Athletics. Whether you are new to RND or are a returning student-athlete here are a couple of points regarding Athletics at RND. Tryouts for Fall teams begins on the first day, **September 4th, for senior teams. Most junior teams begin tryouts on Wednesday, September 5th.** Sports offered in the Fall for RND students include field hockey, golf, cross country, football, ultimate frisbee, girls' basketball and boys' volleyball. Information about tryouts can be found on our school Athletic website at <http://www.rndpanthers.com/>. Students can also get information about teams and tryouts through school announcements, flyers and our new Athletic Bulletin Board located by the CND Gymnasium.

Students attending a tryout should bring a completed Student Athlete Participation form with them. The Student-Athlete Participation form can be found at <http://www.rndpanthers.com/A.D.ministration/Forms/index.html>. All player user fees will be paid online this year. Player user fees for each sport played can be financially burdening at times. No student-athlete at RND will ever be denied the opportunity to participate based on financial need. If finances are a concern, please talk with a teacher or coach.

A big part of an enriching high school experience is getting involved. There are lots of opportunity to become involved in Athletics at RND in non-playing capacities as well. Scorekeepers, minor officials and team managers are just a few examples of ways to be involved. Please speak to a teacher or coach if this is something that you may be interested in.

Are you new to RND and are in Grades 10, 11 or 12? Are you interested in playing sports at RND? If so, **students coming from a different school are required to go through the OFSAA transfer appeal policy in order to be eligible to play sports at RND.** OFSAA Transfer Appeal forms should be submitted to **Mr. Farrell** by **September 10th.**

Student Council News

It's hard to believe that summer is already over but exciting to think about all the things school brings to the table. From reconnecting with friends, saying hi to your teachers again, sports teams, clubs and even stepping out of your comfort zone, it will be a year filled with positivity towards those around us who become our second family.

The RND 2019/2020 student council is so excited for this upcoming year! We're looking forward to planning grade 9 day

as well as spirit week and extracurricular fundraising events coming up. We have so many ideas and can't wait to share them with you to make it the best year yet! We loved A - Head -Start because it was so fun meeting and getting to know the RND class of 2023. We can't wait to get to know more students and encourage you all to embrace your school spirit and make school more than just sitting at a desk. We just want to say thank you for putting faith and trust in us to help you all bleed garnet and gold. As our 2019/20 RND pastoral mission statement goes, St. Marguerite Bourgeoys, PRAY FOR US!

Important Dates

Grade 9 Day - **Friday, September 13th @ 12:30-2:30**

Picture Day - **Wednesday September 18th**

P.A. Day - **Friday September 27th**

Picture Retake Day - **Wednesday October 30th**

Grad Photos - **October 21st - November 15th**

Sport Tryout Information will be available on the website, as well as posters throughout the school and on social media

Stay Connected

RND Scoreboard: <http://www.rndpanthers.com>

Official ALCDSB Website:

[http://www.alcdsb.on.ca/school/regi/Pages/pgHomePage.aspx#/="](http://www.alcdsb.on.ca/school/regi/Pages/pgHomePage.aspx#/=)

If anyone has any questions or concerns, please reach out to us on one of our various social media platforms:

Instagram: @rndstudcouncil; **Twitter:** @rndstudcouncil;

Music Notes

November Concert

The music department is planning some exciting events this year. In November we are planning a concert titled "When I Grow Up" which highlights some of the major themes from this year's musical Matilda. This concert will involve the senior and junior bands, the choir and special guests.

Matilda The Musical

From September to December, we are collaborating with all the other arts and many in the technology department to bring Matilda to the RND stage. Show dates are **December 11th-14th** at 7pm with a matinee on the **Saturday, December 14th** at 1:30pm. There will be a musical info meeting for all those interested in being involved on **Thursday, September 5th** at lunch in the music room.

Audition Notice

Auditions will be held from Monday September 9th to **Wednesday September 11th** at lunch and after school. There will be mandatory dance auditions on Wednesday September 11th after school in the cafetorium. Audition sign-ups will be posted outside of the music room (room 123).

Senior Band

Next semester the big event for the RND Senior Concert Band is the trip to New York City planned for **April 16th-19th**. The band will perform in a WorldStrides Heritage Music Festival and see many sights in NYC. The first RND Senior Concert Band rehearsal will be on **Monday, September 9th** after school from 2:45-4:00. All those interested in auditioning should see **Mrs. Lord** in the music room by **Friday, September 6th**.

Band Information Meeting

Monday, September 16th at 5:15 in the music room. All parents of senior band members are invited to join **Mrs. Lord** in a short information session about the senior band, the April 2020 band trip, and possible fundraising opportunities.

Instruments

Do you have an instrument at home? Have you borrowed an instrument from Regi on an "extended loan"? If so, please bring it back. Check in your closets or under your bed. This applies to music method books as well. Also, if you have an instrument at home you would like to donate to RND music please contact us; **613 545-1902**.
