

REGIOPOLIS-NOTRE DAME CATHOLIC HIGH SCHOOL

Visit our website: www.reginotredame.ca



December 2021 Newsletter

Newsletter is issued at the beginning of each month

Principal's Message

The season of Advent helps to prepare us for Christmas and is the start of the liturgical year in our Church. The season of light is particularly powerful as the days are shorter and the weather colder. It is my hope that we come together as a community in this hopeful season, and I encourage all to give generously to assist those who are not as fortunate. May the true spirit of Christmas touch each of you and your families.

As I reflect on how quickly the school year is moving along, I am impressed by what students and staff have accomplished in both academics and extra-curricular activities. Congratulations to all our fall sports teams for representing RND on the court, the field, and the trails. Each athlete and coach put forth their best efforts and represented the Panther spirit well. We are proud of the individual and team accomplishments: Junior Girls' Basketball team won the KASSAA championship defeating cross town rival Holy Cross while Junior Boys Volleyball team captured the KASSAA championship defeating Frontenac in a very close match. I want to wish our winter teams all the best in their upcoming season.

I invite everyone to join us virtually on the RND YouTube channel next week from 6:00 p.m. – 8:00 p.m. to see creative performances by the Senior and Junior Concert Bands, the Improv Team, guitarists, drama classes, and the RND dance team. Although our fall drama production, High School Musical, has been moved to the spring, the Arts department is hard at work with rehearsals and set design. Break a leg!

I would also like to congratulate and thank Student Council members for all they have done providing students with fun and engaging activities once again this year. The lunchtime coffee house was a huge success with many talented RND students sharing their voice and instrumental talents.

I want to wish students, families, and staff a wonderful Christmas holiday surrounded by the love of family and friends. Stay safe and have a Merry Christmas and Happy New Year.

Paul Melim
Principal

Chaplaincy

Prayer for Advent (CCCB)

Lord Jesus, our brother and our saviour, come into our hearts with your love, with your joy, your hope, and your peace. Help us to reflect your love for all by loving and serving all we meet. Lord Jesus, come into our lives, and share your gifts with all people. Blessed are you, Lord Jesus, forever and ever. Amen!

Advent reflections in preparation for the Indigenous delegation meeting with Pope Francis **Dec. 17th-20th** can be found at: <https://www.cccb.ca/indigenous-peoples/indigenous-delegation-17-20-december-2021-vatican-city/educational-resources/>

Advent Wreath Lighting

Advent Wreath Lighting prayer services will take place each Monday morning in Advent for classes that sign up to join our Students' Council Faith Rep and other student leaders in the Chapel following announcements. Check out the growing collection of 'Jesse Tree' decorations each day as Angelica shares the story of our salvation history through this advent tradition.

Advent Liturgy

The **Dec 15th** Advent liturgy (1:45-2:30) will be a hybrid in-person/virtual mass celebrated in our chapel to all classes.

Daily Meditation and Prayer

Daily meditation and prayer in the chapel along with weekly YouthAlpha sessions continue this quadmester.

Advent Campaign for Clean Water Awareness, Solidarity, and Support

Advent Campaign for Clean Water Awareness, Solidarity, and Support through the good work of our students (HOSA, Eco-Team, Students' Council). Info will be going out to School Cash Online for those who would like to offer financial support. More information to come!

Multicultural Lunches

There will be a gathering on **Friday December 3rd** at lunch in the library and a larger food celebration on **Thursday Dec. 16th**. We hope to have food provided by a Tamil family.



Student Services

Reminder for Students Applying to University

The deadline for Ontario secondary school students to submit completed online applications to OUAC (Ontario University Application Centre) is **January 13th, 2022**. Because of the high volume of applications received prior to this date, RND students are strongly encouraged to complete their application prior to the Christmas Holidays.

Students are encouraged to make an appointment with their guidance counsellor if they need any further assistance with their application. Students should have picked up OUAC PINs from Student Services at this point in time, but it is not too late. This PIN is needed to apply.

Students applying to out-of-province universities must email Mrs. Lackey (tlackey@alcdsb.on.ca) as soon as possible to determine if a transcript must be sent or if the school in question is an OUAC-partner. Early notification will ensure deadlines for transcripts can be met.

Reminder for Students Applying to College

Applications received and paid for on or before **February 1st, 2022** will be given equal consideration by the colleges. Because of the high volume of applications received each year, RND students are strongly encouraged to complete their application prior to the Christmas Holidays. After **February 1st, 2022**, applications are still processed but will be considered by the colleges on a first-come, first-served basis. It is unlikely that an

application for a highly competitive program will be considered after the deadline.

Students are encouraged to make an appointment with their guidance counsellor if they need any further assistance with their application.

OUAC and OCAS – Educational Information

It is the responsibility of all applicants to ensure the educational information uploaded from our records to OUAC and/or OCAS is accurate. The most recent OUAC and OCAS uploads occurred on **November 19th**. Students should be checking their accounts regularly and should notify Student Services if any errors are noticed.

Regi Guidance in D2L

Several grade 12s are missing important announcements and reminders because they are not checking Regi Guidance on a regular basis. The page can be found in the student D2L classes. Student announcements also contain reminders to check new information in D2L. All students need to check daily.

Quadmester Three and Four Co-op Students

Any student in grade 11 or 12 who has co-op in quadmester 3 or 4 should be searching for an appropriate co-op placement with the help of family and friends. If you have any questions, please contact **Mr. Farrell or Mr. McDonald** in Student Services.

Dual Credit

St. Lawrence College Winter 2022 Dual Credit applications are now open. Equal consideration deadline will be **December 8th, 2021**.

The list of available integrated courses, where RND students work alongside SLC students, can be found on Regi Guidance in D2L. Seats are limited. Additionally, a direct link to Congregated course options can be found on Regi Guidance. If interested, please contact **Mr. Poser** at poser@alcdsb.on.ca or extension 2455.

Grade 8 Visits

Guidance counsellors will visit partner schools of RND in the weeks leading to Christmas Break. Grade 8s will receive registration packages and direction for the 2022/2023 course selection process. Completed registration packages for partner-school students are due in Student Services by **Friday, January 28th, 2022**. Registrants from non-partner schools must complete registration materials by **Friday, January 28th, 2022**.

Grade 8 Night 2021

Parents and students interested in learning more about what RND has to offer should tune into our Virtual Grade 8 Night on **Wednesday, January 12th, 2022**. Our program will include a general information session, a virtual tour, and a student video. It will air on the RND YouTube channel at 6:30pm that night. A Zoom link will be posted the day of the presentation. Be sure to watch!

Tutoring at RND

Paid Tutors – There is a short list of private tutors who offer one-on-one tutoring for a fee (generally \$25-\$30 per session). Please see your guidance counsellor for more information.

HYPE (Helping Young People Excel) Tutoring Program – An after-school tutoring program offered by Queen's University – It is FREE and this year it is virtual. Qualified tutors help in all subject areas at all grade levels. Check out the QR code on Regi Guidance or in Student Services to book a session with HYPE.

Mathify (formerly Homework Help) - Mathify is a FREE online math help resource for students in Grades 7-10. Visit <https://tvomathify.com/students> and register with student OEN (Ontario Education Number) found in Aspen and Date of Birth.



Pathways to Education

Pathways to Education is a free, community-based program providing high school youth with -

- Tutoring - all subjects
- Mentoring - Includes workshops, field trips, YMCA memberships, and volunteer opportunities
- Financial Support - incentives include PC Gift cards, school lunch vouchers, and a post-secondary scholarship up to \$2000 (after four years)
- Other Support - each student is assigned a student/parent support worker
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Pathways is open to any high school students who live in the area of Division Street, Raglan Road, Conacher Drive, and the Inner Harbour area. Meetings between Student Support Workers and RND students in the Pathways program began in early October.

For more information, please contact: Petra Hanson, Student/Parent Support Worker Representative, Pathways to Education, Kingston Community Health Centres. Call 613.507.7107 ext. 2106 or email at Petrah@kchc.ca.

Message from the Math Department

Our Grade 9 Destreamed Math courses for Quadmester 2 will be writing the EQAO test in January. We are offering After School Numeracy Sessions twice a week (every Tuesday and Thursday) in Room 232 to help support students with the new Grade 9 Destreamed Math. We also offer the after school numeracy session for grade 10 students every Tuesday in Room 234.

IB News

An IB Information Meeting for parents of students enrolled in IB at Regi in grades 9 -12 will take place on **December 1st, 2021** from 6:30 - 7:30pm. Parents and students can access the Teams meeting by clicking on the link on our school website. This meeting will last about 45 min followed by a Q & A.

Learning Commons News

Forest of Reading Program

The White Pine Books should be arriving shortly (late November). The following are the titles nominated for the White Pine Award: *Blood Like Magic, Bruised, Don't Breathe a Word, Fight Like a Girl, The Forest of Stolen Girls, Gutter Child, The Montague Twins 01 The Witch's Hand, Nothing But Life, What Unbreakable Looks Like, and The Wild*. We will begin as soon as the books arrive.

Try A New Club During Lunch Hour

Lunch Hour In The Commons continues to be busy, walk-in any time and try a **new club**.

Book Club

Tuesdays!! New members are always welcome.

Christmas Card Making

Wednesdays!! All materials are supplied for making Christmas cards which will be delivered to residents of Long-Term Care and Retirement homes in our area. This initiative begins **November 24th and runs until December 15th**. All are welcome!!

Games Club

Thursdays!! New members are also welcome.

Please feel free to visit the Learning Commons before school, during lunch, or after school to use computers, sign out books, work on the **puzzle** or **colouring** tables. Our doors are always open, and we look forward to meeting you.



Performing Arts Showcase

Thursday, December 9th at 6pm on RND'S YouTube Channel. Performing groups include:

Senior and Junior Band

•

Grade 11/12 Drama Class

•

Improv Team

•

Dance Club

•

Musical performances by

Madi Miernik, Emily Clark, Noah Salomons, Jeremy Daigle, Quintyn Zuber, and Scotia Zuber

Student Council

Spikeball and Dodgeball

Due to popular demand, our monthly intramural Spike Ball tournament will be taking place again on **November 30th** during lunch. Also, there will be intramural dodgeball starting on **December 3rd** at lunch in both gyms for any students looking to participate. Sign up sheets will be put up outside the council room.

Holiday Card Making

For this holiday season, **Plan A Kingston & Quinte** is organizing an initiative for schools to participate in making cards for elderly Kingston residents. Students can make cards in their homeroom or on their free time. The classroom that contributes the most cards by **December 10th** will win a pizza party!

Advent

In celebration of advent this year, every Monday from **November 29th to December 13th**, there will be a candle lighting ceremony in the chapel just after the morning announcements. This liturgy will include prayers of the faithful and lighting of the wreath once a week. All students are welcome!

Spirit Week

Similar to other years, there will be a spirit week taking place from **December 13th - 17th**. Details on specific days will be announced on Students' Council social media pages, morning announcements, the RSS reader and on signage in the Student Common.



Merch Sales

Get your all new RND Merch today! The link to our online purchase page can be found at the bottom of our website, reginotredame.ca. All orders placed online will be processed every Wednesday and will be available for pickup in the main office on Thursday. You can also buy your items in person every Thursday at lunch in the Student Common. RND Merch makes a great Christmas gift. Get yours while supplies last.

Family Information Form

If you have not yet returned your Family Information/ Freedom of Information form, please return it ASAP. Your son/daughter can return their form to either the classroom teacher or the main office. If you have misplaced the form or did not receive it, please contact **Ms. Chapman** at 613 545-1902; ext. 2501 or email chapman@alcdsb.on.ca Thank you.