



HOLY CROSS

Catholic Secondary School

November 2015

Principal's Message

Below you will see two photos, one of **Emily Crockford**, grade 9, taken in front of her former school at 8:30 a.m. on Saturday, October 17th, and the other, taken by our message board at 6:25 p.m. after she completed a 32 km walk in support of our Jamaican Mission Trip. The plan, conceived and carried out by Emily, and supported by friends and family at both schools, is a prime example of 'faith



in action', our school board theme. Emily is just one example of the many efforts underway at Holy Cross in support of various causes in our community, efforts which include the Thanksgiving Food Drive, street retreats to support the

homeless, outreach field trips to Bibles in Mission, the Food Bank, and retirement homes, the PH Classic basketball games in support of breast cancer research and many others to come. Why not join in and get involved. Watch the newsletter for details of upcoming events. *Ian Stuart, Principal*

Visit our website at www.hctoday.ca

Crusaders in the News

From October 19-26 Holy Cross student **Cici Blundell**, who is in grade 11, traveled to Rimini, Italy, to represent Canada on the National Canadian Adult Hip hop team! Well done Cici. Also, we are home to **10 Kingston Frontenacs** players and we congratulate them on their great start to the season: first place in the East.

November Events

- Nov 2 and on—College and University application workshops and visits begin and continue all month: see Student Services
- Nov 3—Grade Nine Free Salad Day
- Nov 4—Mid-Semester testing period begins; Take Our Kids To Work Day for grade 9s; Honour Roll Assembly, Period 1
- Nov 11— Remembrance Day and liturgies period 1; Street Retreats begin; Civics and Careers last day; *Guys and Dolls* tickets go on sale
- Nov 12—1st Day for new Civics and Careers classes
- Nov 13— PA Day #3
- Nov 15— Bullying Awareness and Prevention Week Begins
- Nov 18—Mid-Semester marks due to OCAS; Wellness Wednesday #3
- Nov 20— Teacher Candidate Block 1 ends; Mid-Semester marks available on-line
- Nov 23— Mid-semester reports issued period 1; Matinee performance of *Guys and Dolls* and *Day of the Arts I* for feeder schools
- Nov 24— Day of the Arts II and *Guys and Dolls* matinee
- Nov 25—Opening Night *Guys and Dolls* @ 7:00
- Nov 27—November Non-Uni Day
- Nov 28—*Guys and Dolls* @7:00
- Nov 30—Advent Begins; Advent Charitable Collection Begins; Improve Team Try-outs

Reminder about driving in and around Holy Cross

This is a reminder to all those who drive in the Holy Cross area. There are two issues—unsafe driving behaviours and discourteous driving behaviours. The former is a safety issue. Student drivers in particular face severe penalties, on their insurance for example, if they violate the Highway Traffic Act. And the threat to pedestrians and other drivers is heightened during high traffic times of the day around dismissal and period changes. This is our primary concern. All senior students have heard the Drive Alive presentations. Put what you have learned into action. The latter, discourteous driving, relates to pick up and drop off times when traffic backs up in the parking lot. Please remember to keep the handicap parking spaces at the front and back of the school free so that parents can pick up students with mobility issues. Your help in making Holy Cross a safe and courteous community is very much appreciated.

Athletics Update



← **Emily Calder and Kiley Rodrigues** at OFSAA Golf (October 14th-15th) at Roseland Golf and Curling Club in Windsor, Ontario. Emily shot a respectable 101 and Kiley 82, to finish 23rd overall. The eventual winner shot 72. These participants continue a strong tradition at Holy Cross of sending competitive golfers to the Ontario Championships. Congratulations girls!

15th Annual PH Classic raises over \$5,000 in support of Breast Cancer Research →
Another great evening of athletics at Holy Cross on Tuesday, October 20th. Special thanks to coaches Hulton, Melim, Dixon, Ball and AD Mr. Dzierniejko, not to mention our teams and fans, for all their work this year to support Breast Cancer research.



The Wellness Team

October's Wellness Wednesday happened on October 28th. The Team provided sliced apples at lunch. Over 200 servings were handed out over the lunch hour. Another very successful Wellness Wednesday.

Free Salad Bar day for Grade 9 students – On Tuesday, November 3rd, Grade 9 students will be invited to toss their own salad in the cafeteria. All Wellness Team hands will be on deck to help wash, slice, and prepare veggies for our salad bar, so don't miss it.

NEW THIS YEAR. Fit Friday #1 – On Friday November 6th, Wellness Team members will be organizing activities like Omnikin balls and parachute outside (weather permitting), and a Wii dance party in the small gym. These events will take place over the lunch hour – starting around 11:15 and ending by 11:45am. Staff are welcome too!

Homeroom teachers, it would be fantastic if your students could show up to support these events as a group. Why not organize your class?

Counsellor's Corner for November

Honour Roll Ceremony

A ceremony honouring last year's Honour Roll students will take place during Period 1, Wednesday, November 4th.

Take Your Kid to Work Day

Grade 9 students will participate in Take Our Kids to Work Day on Wednesday, November 4th. This day is important in that it gives students the opportunity to gain exposure to the skills required in today's workplaces, and gain a better understanding of exploring career choices. Regular classes for grade 9 students will not be held on this day. Signed permission forms must be returned to Student Services in order for students to participate.

House of Commons Page Program:

Grade 12 students attending university in Ottawa next year, and who have an 80% average can apply to the House of Commons Page Program. Students must be able to speak both official languages. Apply by December 7th at parl.gc.ca/hocpage.

Post Secondary Information

Workshops for on-line application to OUAC (Universities) were conducted October 22nd and October 29th. Workshops for on-line applications to OCAS (College) will be held Tuesday, November 10th and Thursday, November 12th at 11:15. Students are encouraged to check our up-to-date post-secondary information at the Holy Cross Website (www.hctoday.ca and click: "Academic" – Student Services "Post-Secondary Info").

Enrichment Opportunities

Shad Valley July 3 – July 29, 2016. Shad Valley is a demanding four-week program that focuses on academics through workshops, lectures and a business project where the students are challenged to bring a new science and engineering based invention to market. Students also participate in challenging recreational activities, such as hiking and camping. There are several Shad Valley campuses across Canada, Queen's University being one. Applications are due November 30, 2015. For more information go to www.shad.ca

DaVinci Engineering Enrichment Program (DEEP) Summer Academy DEEP Summer Academy has been developed for high school students with a keen interest in tackling topics in some of the most innovative areas of engineering today. This program is offered each year in July at the University of Toronto's St. George Campus. Go to [http://outreach.engineering.utoronto.ca/preuniversity/programs/DEEP Summer AccAcademy.htm](http://outreach.engineering.utoronto.ca/preuniversity/programs/DEEP_Summer_AccAcademy.htm)

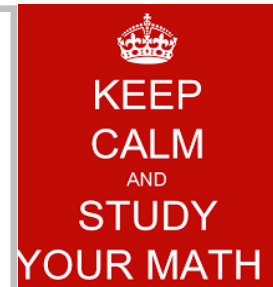
TECHFEST 2015

Sponsored by Algonquin and Lakeshore Catholic District School Board, **TechFest 2015** promises to be a conference that focuses on deploying, integrating, and using technology to promote student learning in K-12 and beyond. With the constant and rapid evolution of new technologies, the necessity for students and educators to remain ahead of the curve remains one of the most important issues in education today. **TechFest 2015** is a one-day event that will feature more than 40 sessions to choose from, with presenters who include practicing teachers, administrators, and other solution providers such as Apple, Microsoft, SMART, Nelson, Scholastic, and Mi-Fresh Grade. About the Keynote: **D.J. Cunningham** knows first-hand the strain of growing up with a learning disability. Like many other people living with a learning disability, D.J. required the support of assistive technology to express his ideas in writing, and to read and understand material. His experiences as a student with learning disabilities who required, and resented, assistive technology is what led him to start his company, LearnStyle. This event is free and open to everyone: parents/guardians, teachers, educational assistants, early childhood educators, administrators, library media specialists, tech support staff, and anyone in the community who is interested in finding out more about leveraging technology to support student learning in the ALCDSB region. **Saturday, November 14, 2015 at 8:30 – 3:00 p.m. Holy Cross Catholic Secondary School, 1085 Woodbine Road, Kingston.**



ATTENTION PARENTS OF STUDENTS TAKING GRADE 9 MATH:

EQAO Math Assessments will be written on **Tuesday, January 19th and Wednesday, January 20th**. Parents are asked to ensure that their children are available to write these Provincial Assessments on these days. Last year, 69% of our students working at the applied level achieved the provincial standard on this assessment. 82% of students working at the academic level achieved the standard. These are excellent results



Contact Us

Holy Cross Catholic Secondary School

1085 Woodbine Road, Kingston, Ontario, K7P 2V9 (613) 384-1919

See also www.hctoday.ca



Looking Forward to December

Dec 1 — Grade 12 Courses “Full Disclosure” deadline for university and college applications; Grade 11 Pathways workshop during Pd. 2 in the Library; Improv team tryouts after school in Room 246

Dec 2 — Grade 11 Pathways workshop during Pd. 2 in the Library; Improv team tryouts continue after school in Room 246

Dec 3 — Grade level reconciliation celebrations in the library. Times TBA; Grade 11 Pathways workshop during Pd. 2 in the Library; Improv team tryouts continue after school in Room 246

Dec 4 — Final Grade 11 Pathways workshop Pd. 2 in the library

Dec 8 and 9 — Crusader Bands Foyer Performances at lunch

Dec 10th — Advent School Mass in the gym @ 9:30; Katherine Splinter Memorial Concert @ 7:00 in the Cafetorium.

Dec 15 — Recommended deadline date for submission of university and/or college on-line applications

Dec 16 — Advent Charity Collection ends; Coffee House @ 7:00 in the cafetorium; December's Wellness Wednesday (#4 for the year).

Dec 18 — December Non-Uniform Day; final instructional day before Christmas Break; Students' Council sponsored movie trip

Dec 25th — Merry Christmas

ARTS NEWS

Musical — The time is here! The Holy Cross Arts Department talented cast of 60 students has been in rehearsal since the the music Broadway production on our Holy Cross stage. Everyone from the band are “ready for action” as the curtain rises **November 28th**. Ticket sales begin **Wednesday, November 28th**.

Improv Auditions —Improv auditions begin Monday, November 28th

Upcoming — Please refer to Looking Forward to December and the date of our Coffee House, two evenings you are not going to want to miss.

As Catholics we believe in the Communion of Saints and that we can pray for loved ones who have died. During this month of November, we traditionally remember and pray for deceased friends and family members. **We invite students, staff and visitors to our school to remember their loved ones by writing their names in the Book of Remembrance which will be kept in the Chapel throughout this month; these people will be remembered in our daily prayers and at our School Masses.** We will also be remembering all those who died in the Great Wars of the past century or who gave their lives while serving on peacekeeping missions at our Remembrance Day Liturgies in the Cafeteria on Wednesday, November 11th during period one.

Bridges to Community Annual Christmas Pointsettia Sale

- Ordering Now until November 13th
- Delivery Dec. 9th
- Don't miss out on this classic Christmas tradition and support our school
- For orders call Greg Walker @613-384-1919 x 2258



proudly presents the musical *Guys and Dolls* later this month. This third week of school and the students are thrilled to perform this class from the backstage and lighting crew, to the costume department to **25th at 7p.m.** and continues each evening until closing night on **Saturday 11th at lunch** in the front foyer and are only \$15.

ber 30th in the drama room.

and copy down the date of the Katharine Splinter Memorial Concert hoping to want to miss.



Pastoral Update

RETREATS: Our Grade 10 homeform classes attended the 'Mind, Body & Spirit' Retreats on October 19 or 20th. These full-day retreats focused on ways all of us can develop a healthier attitude towards our sexuality. Thank you to our students for attending and to our Grade 10 teachers and other staff whose hard work and sacrifice made these retreats possible. We are now looking forward to our Kingston Street Retreats and monthly outreaches to the Rosewood Retirement Home.

*THANKSGIVING FOOD DRIVE: Thanks to our students and staff for their generous contributions to our Thanksgiving Food Drive which will provide food to the needy through our local St. Vincent de Paul Society. May God's love and peace shine upon everyone in our school community and upon all our deceased loved ones during this month of November. **Chris Forster, Chaplaincy Leader***

Revised Immunization of School Pupils Act (ISPA) - New Dates!

Please be reminded that under ISPA, students in the province of Ontario are required to provide a complete immunization record or a valid exemption to the KFL&A Public Health unit for designated immunizations.

The KFL&A has provided the following timeline for the 2015-2016 school year:

Friday, October 16, 2015 Immunization questionnaires are mailed to home addresses for students who have incomplete immunizations records on file at KFL&A.

Friday, November 6, 2015 Deadline for parents and guardians to return their child's immunization information to the KFL&A Immunization Team

Monday, November 9, 2015 Suspension notices are mailed home for students who do not meet the immunization requirements outlined in the ISPA.

Tuesday, December 1, 2015 A list of students to be suspended (for Tuesday, September 8, 2015) is sent to the school with a reminder letter to send home with students.

Friday, December 4, 2015 An updated list of overdue students is sent to the school.

Monday, December 7, 2015 An updated list of overdue students is sent to the school to prepare for suspensions the following day.

Tuesday, December 8th, 2015 Suspensions begin for all students who have not provided the necessary immunization info to the KFL&A.

Holy Cross students will be writing the Canadian Senior and Intermediate Mathematics Competition from Waterloo University on Wednesday November 25th at Holy Cross. They are competing against thousands of students across North America.

We wish them luck. **Waterloo University Mathematics Competition**

Uniform at Holy Cross

Last month, families would have received a message from the school about uniform. In it, you were asked to enter into a conversation with your child(ren) about why we wear a uniform at Holy Cross. Over the past week, staff and students have put more effort into wearing the uniform and wearing it well. What we hope everyone understands is how the uniform creates a level playing field for our students, how it assists in supervision and safety of our building, and, finally, how it demonstrates a student's willingness to accept their responsibilities in our community. Your assistance at home in reinforcing this expectation has been very much appreciated. We continue to support any student who is in need of assistance. Just contact the school at 613-384-1919 or see the main office staff. The policy is available at



www.hctoday.ca.

Student **Dylan Mayman** (above) demonstrates acceptable uniform standards for males and **Ms. Broekhoven's** religion class (above right) models proper uniform as it should appear in an entire class. They look good and they know it.



Stay Tuned...

The issue of Graduation start time has come up at Holy Cross. Many Kingston area schools have moved graduation to the afternoon and off-site. While the cost of moving to a venue other than Holy Cross is cost prohibitive (one estimate, not including set up and sound, was \$6000), moving the start time is on the table. Look for a **Survey Monkey** link in the near future where we will gather your input.

Fall Evening, Holy Cross outdoor basketball court



SHSM Grad Wins Scholarship



Congratulations is extended to recent Holy Cross Graduate and SHSM recipient **Claudia Pawlak** on receiving a Skills Ontario Scholarship. Claudia won the gold medal in Photography at the 2015 Skills Ontario Competition and represented Ontario at the 2015 National Skills Competition in Saskatoon. She qualified for the scholarship by winning a medal at the skills competition, earning high school credits to complete her Ontario Secondary School Diploma, providing reference letters from her teachers, and is pursuing a career in a technology program in Ontario, at Ryerson University in their Photography program. Claudia was the first ALCDSB student to compete at the National level of the Skills Competition and she is the second gold medal winner for the ALCDSB, the first gold medal winner was also an HC SHSM student – Ryan Purdy in Graphic Design 2014.

Claudia reflects, "Looking back on my years in SHSM, I would have never thought that it would benefit me in such a way that it has today. I did not realize how much of a head start it gives students interested in video, photography, graphic design, etc. I feel so proud that I can talk about Holy Cross' awesome SHSM program to my University friends. I am so glad that I went to Holy Cross, and feel so privileged to be involved in a program that builds creativity, confidence, and overall strengthens students as young artists. I couldn't have wished

for a better high school experience." Claudia has this SHSM, "If you're interested in anything Communicatively join! Not only was it the best experience of my so much knowledge that aided me with my transitioned in more information or joining the HC SHSM pro- Thank you to staff, particularly Mr. Esford, for your At Holy Cross, we had 15 SHSM ICT Red Seal Graduates accumulated 5231 extra hours of instruction to earn their designation. This is a truly impressive story. Well done SHSM ICT Red Seal Graduates: **Riley Richmond, Adam McCaffrey, Kaitlin Cross, Tara Coombs, Harmony Holland, Claudia Pawlak, Felicity Stroman, Courtney Street, Nicolas Kingan, Brayden Breeze, Gabe McDonald, Cassidy Hollywood, Bradley Benoit, Alicia Christie, and Nicholas Vosburgh.**



to share with students considering joining Technology related, you should definitely high school career, but it provided me with to post-secondary school." Students interested-gram should see Mr. Esford in room 218. contributions to the 2015 HC Red Seal Rate! ates 2015 for a graduation rate of 94%, a Seal programs. Together, HC Red Seal grad-

JAMAICA FISH FRY: A big thank you to all those who came out to our "Jamaica Fish Fry" on Friday, October 30. We raised well over \$2000.00 for our Jamaica Mission Projects during this event. A special thank you to Mr. Ian Moore at Tompkins Funeral Home for his help and support, and to many local restaurants for their donations of food and supplies which helped make this event such a great success again this year.



FINANCIAL MONKEY! \$\$\$\$\$

Follow the link below to see a 'youtube' video of James Cunningham, a stand up comedian who will be speaking to grade 12 Holy Cross students on Monday, November 2nd, at Our Lady of Fatima Church Hall. James has a powerful message for students about their role in becoming financially literate before leaving high school.

<https://www.youtube.com/watch?v=lxkGJYzYc4>

He touches on topics such as debt management and budgeting, two items of particular interest as students head out into post-secondary education or the world of work. Holy Cross acknowledges the contribution of the ALCDSB in making this presentation available to our students as part of the kick off for Financial Literacy Month.

Field Hockey Falls Just Short

Congratulations to the field hockey team on a fine season. This past Thursday, following the Fall Team and Club Assembly, Holy Cross took on the Regi Panthers at the Invista Centre. Down 2-0 in the KASSAA Final, the Crusaders battled back to within one but fell just short for the second year in a row to RND. Appreciation is owed to coaches **Ms. Davey, Mrs. Biggs and Mr. Mark Kallevig**. A bitter loss for our grade 12s, but you did us proud and there's next year.



It's a Major Award

Members of the science and math departments show off the School Leadership Award, granted to Holy Cross for being a top ten school in Ontario for use of Gizmos, interactive math and science simulations linked to key curricular concepts. From left to right, **Ms. Mulvenna, Mr. Gervais, Mrs. Nichol, Mr. Garant, Miss Zolnierczyk, Mrs. Martin Tulk, Ms. Roantree and Mr. Sicoli.**

October Wellness Wednesday

With the assistance of many volunteers, the Wellness Team, led by public health nurse **Lisa Lollar** from the KFL&A Public Health Unit, distributed 250 servings of fresh cut apples to Holy Cross students and staff on October 28th. What's next for the Wellness Team? Fitness Friday on November 6th. Wellness Team members will be on hand to lead a variety of activities designed to get students up and moving. The fun takes place over the lunch hour in the gym and outside.



