



# HOLY CROSS CATHOLIC SECONDARY SCHOOL, KINGSTON

## February 2012

**Main Office 613-384-1919; Attendance Office 613-384-1355; Student Services 613-384-2023; Fax 613-384-8665**

The Holy Cross newsletter is issued on the first school day of each month.

### PRINCIPAL'S MESSAGE

On behalf of the school community I bid farewell and best wishes to **Mr. Neil Whitley**, who retires from teaching after a 34 year teaching career. After many years of service at both *Regiopolis-Notre Dame* and **Holy Cross**, **Neil** will retire from our Alternative Education program on **Progress Avenue**. **Neil** has been a mentor to many who have valued his wise counsel, storytelling ability and thoughtfulness over the years. He is well known for his generosity, concern for others and ability to meet the needs of a wide variety of students. We wish **Neil** and his family well as he begins his travels. Welcome back to **Mrs. Christine Waters** and **Mrs. Joanne Van-Nest**. I welcome also **Mrs. Patricia Karl**, **Mrs. April Di Rinaldo**, **Mrs. Andrea Johnson**, **Mr. Justin Murphy**, and **Mrs. Tracy Airhart** in teaching positions.

As we start fresh in the new semester, I hope that all students and staff are re-invigorated and ready to tackle the academic, extracurricular and spiritual opportunities that arise. In particular, I would like to emphasize the importance of being **compassionate** – of taking the time to be witnesses in faith for one another (particularly as we prepare for the Holy season of Lent) and on a more mundane level, simply being present to one another in your classes. As students fall into a pattern of being absent, they begin to feel more and more disconnected from their classroom activities and also begin to feel overwhelmed by the work that piles up – the connection between absences and failure is very clear. We will renew our efforts to encourage better attendance from our students in order to nurture a sense of community and to ensure that students are as successful in their courses as they can be.

As we begin the second semester and new classes and routines are forming, we revisit existing expectations at **Holy Cross**. In particular, we expect that students will be in full compliance with our uniform policy as outlined in the **Code of Conduct**, found in student agendas and on our school website, [www.hctoday.ca](http://www.hctoday.ca).

Through informal discussions with parents, students, and staff at **Holy Cross Catholic Secondary School**, it is quite evident that a significant number of students at the school identify stress and stress management strategies as one of their top health priorities. "Mental health and mental wellbeing are fundamental to the quality of life and the productivity of individuals, families, communities, and nations, enabling people to experience life as meaningful and to be creative and active citizens" (**WHO, 2005**)

To address this health priority at **Holy Cross**, **Youth Worker, Terrie Hoey**, and **Public Health Nurse, Lisa Lollar**, have developed a weeklong event to be held at the school from **February 27<sup>th</sup> – March 2<sup>nd</sup>**. This week will coincide with a **Parent Night** on **Wednesday, February 29<sup>th</sup> at 7 pm**, that has been organized by the **Holy Cross School Council**. With funds secured through a **Parents Reaching Out** grant, the **School Council** has arranged to have **Dr. Mike Condra** speak on **Teens, Stress, and Distress**. **Dr. Condra** is **Assistant Professor of Psychology and Psychiatry** and **Director of Health Counselling and Disability Services** at **Queen's**.

**Dr. Condra** is familiar with the mental health concerns of university students through his work as a counsellor. He is an instructor in the **Department of Psychology** and an experienced workshop presenter on many topics, including **Crisis-Intervention**, **Mental Health First Aid** and the **Assessment of Suicide Risk**. I encourage all parents to attend this evening in support of our young people.

**Paul A. Walsh, Principal**

### FEBRUARY EVENTS AT HOLY CROSS

February.....	Black History Month
Wednesday, February 1.....	Snow Day (Exams from day before) Textbook Return / Pick-up Deadline
Thursday, February 2 .....	Groundhog Day Exam Return / Course Reconciliation Day
Friday, February 3 .....	P.A. Day (no classes)
Fri & Sat, Feb 3 & 4 .....	RND Jr. Girls' Volleyball Tournament
Saturday, Feb 5.....	Big East Cheerleading Championships
Monday, February 6 .....	First Instructional Day in Sem 2 Exam Return (end of day) Semester Two Grade Assemblies
Wed, February 8.....	Semester One Final Marks due at 3 p.m.
Wednesday, February 8 .....	Sign up for Breathe Free Sessions
Friday, February 10 .....	S1 Marks Due to OCAS Cheques cashed for unreturned/damaged textbooks
Saturday, February 11 .....	Jamaica Mission Trip Departs
Tuesday, February 14.....	Semester 1 Report Cards distributed Valentine's Day 2012-13 Course Selection Assemblies
Wednesday, February 15 .....	S1 Marks Due to OUAC National Flag of Canada Day Grade Eight Parent Information Night Breathe Free Sessions Begin
Thursday, February 16 .....	Coffee House, 7 p.m.
Friday, February 17.....	Last Day for Sem 2 Timetable Changes
Sunday, February 19.....	Jamaica Mission Trip Returns KASSAA Volleyball Championship Day
Monday, February 20....	Ontario Family Day Holiday (no school) KASSAA Basketball Championship Day
Tuesday, February 21 .....	Pancake Breakfast / Supper
Tues – Fri, Feb 21 – 24 .....	Kiwanis Music Festival
Wednesday, February 22 .....	Ash Wednesday Mass ShareLent Campaign begins Catholic School Council Meeting, 6:30, Library
Thursday, February 23 .....	Gr 9 and 10 Math Contests
Friday, February 24 .....	KASSAA Hockey Championships Tentative Non-Uniform Day
Saturday, February 25 .....	Kingston Improv Games Finals
Mon, Feb 27 – Friday, March 2 .....	Wellness Week
Wednesday, February 29.....	Pink Shirt Day (anti-bullying) Parent Night, <i>Teens, Stress, Distress</i> , 7 pm, HC

## PASTORAL MESSAGE

Members of the **2012 Jamaica Mission Team** are excitedly preparing for their departure on **Saturday, February 11<sup>th</sup>**. While in **Jamaica**, the eleven **Holy Cross** and seven **Regiopolis-Notre Dame** students and their four staff supervisors, will be volunteering at **St. Margaret's** and **Riverton City Remedial Schools**, at **St. Monica's** (a home for abandoned seniors), a **Youth Marching Band**, all through **St. Patrick's Foundation**, as well as participate in a 1-day house build through "**Food for the Poor**". They have been busy fund-raising for their trip over the past few months. Our school, as well as many church groups, including **C.W.L.** and **Knights of Columbus Councils**, has made generous donations. The group also organized a very successful **Fish Fry** here at **Holy Cross** in **October**. Thanks to all who have donated to our trip. We look forward to sharing about our experiences when we return from **Jamaica**. **Students' Council**, **CICS** and one of our local Parishes, **St. Paul the Apostle**, will be organizing a **Pancake Supper** here at **Holy Cross** on **Tuesday, February 21<sup>st</sup>** between **5:00 – 7:00 p.m.** A big plate of ham and pancakes will cost only **\$5.00** with all proceeds going to our **ShareLent Collection** as well as the local **St. Vincent de Paul Society**. It may seem a long way off, but our **Graduates' Retreat** takes place on **Friday, March 23<sup>rd</sup>**. Another major fundraiser during our ShareLent campaign will be the **Thinkfast** on **Friday, March 30<sup>th</sup>**. Let us begin this new semester with renewed faith in God. And let us ask God to continue to bless all our students, staff and families.

**Chris Forster, Coordinator of Pastoral Services**

## STUDENTS' COUNCIL

The **Students' Council** would like to congratulate all students and staff for completing the end of semester examinations. **Matchmaker** results will be on sale for **\$2** on **Tuesday, February 14<sup>th</sup>**. Any student who did not get a chance to fill out their form can pick one up in the **Students' Council Office** or **Room 203**. **Valentine's Day** cards will also be delivered on **Valentine's Day** during first period. **Students' Council** hopes all exams and final projects went well and we would like to wish all students and staff the best of luck in 2nd semester, especially our graduating students as take their final strides at **Holy Cross**!

**Stephanie Constantinidis, Communications Officer**

## SAFE SCHOOLS, BILL 157

Based on the recommendations of the **December 2008 Safe Schools Action Team's** report, the government passed **Bill 157 (Keeping Our Kids Safe At School Act)** which came into force on **February 1<sup>st</sup>, 2010**; revised and reissued **Policy /Program Memorandum 144: Bullying Prevention and Intervention and Policy/Program Memorandum 145: Progressive Discipline and Promoting Positive Student Behaviour** to reflect additional legislative and policy requirements. These changes require every board employee to play a role in addressing issues of inappropriate student behaviour to improve school climate and to support victims. Changes to this act will impact how the behaviour, discipline and safety of our students is handled. Working with the changes to the Act, **Holy Cross** will continue to provide all members of our community with a positive school climate in which to learn and grow scholastically, socially and spiritually. Our policies and procedures, which are developed within a Catholic context, are used to help us ensure the safety and security of all members of our community. For more information, please see the **Ministry of Education** website at <http://www.edu.gov.on.ca/eng/safeschools/KeepKidSafeSchool.pdf> and the anti-bullying brochure for parents at <http://www.edu.gov.on.ca/extra/eng/ppm/144.html>.

## TURNAROUND DAY

On **Monday, February 6<sup>th</sup>**, an abbreviated Semester II timetable is scheduled to begin the day and Semester I classes will meet at the

end of the day. The end of the day provides an opportunity for Semester 1 classes to conclude any unfinished business, such as the return and take-up of the **January** examination, return of projects and assignments, collection of any course resources, and review of the final mark calculation. Semester 2 student timetables will be distributed in S2 P1 classes. S2 P1 classes will be posted on the pillars in the **Main Foyer**.

The schedule (Note the change in the order of the day) for the **Turnaround Day** is as follows:

Semester II Classes		Semester I Classes	
Period	Time	Period	Time
1	8:30 to 9:30	1	1:30 to 1:45
2	9:35 to 10:35	2	1:45 to 2:00
3	10:40 to 11:40	3	2:00 to 2:15
Lunch	11:40 to 12:30	4	2:15 to 2:30
4	12:30 to 1:30		

## ONTARIO SECONDARY SCHOOL LITERACY TEST (OSSLT)

The **Ontario Secondary School Literacy Test** has been scheduled by the **Ministry of Education** for **Thursday, March 29<sup>th</sup>**. All **Grade 10** students who are working towards an **OSSD** will write the test. In addition, students who have not yet completed the test, for example because they have arrived from out of province or because they were not successful in their first sitting, will also prepare for the test. Any student in **Grade 11** or **12** who needs to fulfill this graduation requirement should see **Ms. Daniel** or a **Guidance Counsellor** in order to receive preparatory materials. **Holy Cross** will be conducting the test between **8:30 and 11:15 a.m.** All **Grade 10** students will be reviewing their literacy skills once/ twice a week for a four week period prior to the test date. Each component of the test will be reviewed with students during these classes. **Grade 10** students will receive a copy of a workbook entitled **The Ontario Secondary School Literacy Test Workbook** that they will be using in their literacy classes. Students are encouraged to take this workbook home for continuous review. Parents and students may obtain additional practice materials, student resources, and sample questions and answers at the **Education Quality and Accountability Office** website at [www.egao.com](http://www.egao.com) under the link 'Student Resources'. Parents/ guardians will be advised in writing of their son/daughter's test outcome in **June**. Students who are not successful will retake the test next year or may enroll in the **Literacy Course**.

## SUPPLEMENTAL LITERACY PROGRAM

The literacy program, designed to boost reading and writing skills and to help students gain confidence in preparation for the **Literacy Test** on **Thursday, March 29<sup>th</sup>**, will begin in the second week of **February**. This program will run on **Mondays** and **Wednesdays**, **during the lunch hour**. Students interested in receiving supplemental literacy support should see **Ms. Daniel** or **Mr. Sean Roberts**. All students must successfully complete the **Literacy Test** (or subsequently enroll in and complete the **Grade 12 Literacy Course**) in order to obtain an **Ontario Secondary School Diploma**. If you want your child to participate in this program, please contact **Terri Daniel** at **613 384-1919, ext. 3406**.

## HC GRADE LEVEL ASSEMBLIES

At the beginning of a semester, it is customary for grade level assemblies to be held where the Principal and vice-principals review, reinforce and outline expectations for all students and staff. Classroom teachers are asked to accompany their class to the cafeteria when called over the PA system (15 minutes before the end of the period).

Schedule of **Grade Level Assemblies** on **Monday, February 6<sup>th</sup>**:

Period	Grade	Period	Grade
1	Twelve	3	Ten
2	Eleven	4	Nine

## COUNSELLORS' CORNER

### COURSE CHANGES/DELETIONS

Students are to consult a counsellor if they wish to make a change to their timetable. It is advised that any required course changes be dealt with by the end of the first week of semester two. Furthermore, it is required that all changes be completed by the end of the second week of the semester. The last day to change a course is **Friday, February 17<sup>th</sup>**.

### COURSE SELECTION PROCESS

At this time of year, students begin the process of selecting courses for the **2012-2013** academic year. It is critical for all students who plan on returning to **Holy Cross** that they follow the timelines in order to ensure that they are able to obtain the courses they desire. **Holy Cross** will be conducting the on-line process of selection of courses in workshops taking place at the school. Details will be explained in grade sessions being conducted on **Tuesday, February 14<sup>th</sup>**.

### COURSE LOAD

All students in **Grades 9, 10, 11** are required to carry a course load of 4 courses each semester. All students in **Grade 12** who have achieved at least 24 credits are required to carry a minimum of 3 courses each semester.

### GRADE 8 PARENT INFORMATION NIGHT

**Grade Eight Parent Information Night** will be hosted on **Wednesday, February 15<sup>th</sup>, 2012** at **7:00 p.m.** This evening is open to **Grade Eight** students and their parents/guardians. Registration packages will be available for all non feeder school parents. All completed registration packages are to be returned to **Holy Cross** by **March 2<sup>nd</sup>, 2012**.

### VOLUNTEER & JOB OPPORTUNITIES

Students are reminded to check the bulletin board for volunteer and job opportunities.

### BREATHE FREE! SMOKING CESSATION GROUP

**KFL&A Public Health Nurse Lisa Lollar** and **Youth Worker Terrie Hoey** will facilitate a **Smoking Cessation** program at **Holy Cross** beginning on **Wednesday, February 15<sup>th</sup>**. Sessions will run each **Wednesday** until **April 18<sup>th</sup>** for a total of 8 sessions. On **Wednesday, February 8<sup>th</sup>**, students will have a chance to sign up for this program in the **Main Foyer**. It takes more than willpower to quit smoking. Skills and support are an important part of the process.

**Breathe Free** is designed to help youth quit smoking. Each week, students will be asked to complete activities which will help them learn about why they smoke, how to quit and how to stay quit. Students will create a personal profile, track their smoking, build a quit calendar, practice quitting and learn how to deal with stress, boredom and people who might not support them. **Breathe Free** can help **Holy Cross** students quit now or learn the steps for quitting later. Staff is asked to promote this program to students that they **feel would benefit from it**.

**Note:** Scheduled tests/evaluations take precedence over **Breathe Free** sessions. All work covered in the period remains the responsibility of the student.

**Location: Room 238**

### PINK SHIRT DAY

In collaboration with anti-bullying initiatives at **Holy Cross** and throughout the country, students are invited to don a pink shirt in addition to the regular uniform on **Wednesday, February 29<sup>th</sup>**. This symbol, which began with the efforts of two teenage boys at **Central Kings Rural High School** in **Nova Scotia** is a tangible way for youth to stand together and let bullies take notice that their behaviours will not be tolerated.

## WELLNESS WEEK AT HC – FEBRUARY 27<sup>TH</sup> – MARCH 2<sup>ND</sup>, 2012

Stress is a part of everyday life. Some stress in our lives is necessary to feel alert and energized and helps us to perform better. Too much stress however, can interfere with our ability to do normal tasks and, overtime, can cause health problems.

Wellness week at **Holy Cross** will provide our students with the opportunity to start building the necessary life skills to manage and cope with the stress in their everyday lives. Free activities will be offered each day aimed at helping students deal with their stress and promoting healthy lifestyles.

### Week at a Glance

a) **Monday: FUEL** up with a free healthy smoothie and receive valuable nutrition information.

b) **Tuesday: CHILL** while enjoying a free chair massage – a healthy way to reduce your stress!

c) **Wednesday: CHAT** with each other. **Mental Health Awareness** and **Pink Shirt/Anti-Bullying Day** will focus on encouraging students to reach out and be kind to each other.

d) **Thursday: PLAY** with hula hoops! Professional Hula-Hoop lessons will be offered to encourage physical activity.

e) **FRIDAY: STRESS(ED)** – a wrap up of events and prize draws. All activities will take place over the lunch hour.

### ARTS NOTES

From **February 22<sup>nd</sup> to 24<sup>th</sup>**, the **Crusader Bands** will be participating in the **Annual Kiwanis Music Festival**. This year the event is being hosted at **MacArthur College**. Our competing bands include: the **Junior Concert Band**; the **Jazz Ensemble**; the **Symphonic Band**; and the **Senior Wind Ensemble**.

### IMPROV GAMES

The **Holy Cross Improv Team** will be performing in the **Kingston Improv Games** which run from **Tuesday, February 21<sup>st</sup> to Saturday, February 25<sup>th</sup>**. **Holy Cross** plays in the preliminary round on **Wednesday, February 22<sup>nd</sup>**. The show starts at **7:00 pm** at the **Octave Theatre (Cultural Center, 711 Dalton Ave.)**. The finals are at **Duncan McArthur Auditorium** on **Saturday, February 25<sup>th</sup>, at 7:00 pm**. The team members are: **Hailey Masterson, Grace Hill, Tyler Check, Arianna Bullet, Miguel Martins, Matt McGlashan, Talia Phillips, and Michaela McGrath**. Coaches are **Ms. Rose** and **Mr. Vince Stabile**.

Tickets for the show are: **\$10** for adults, **\$8** for seniors and students, and **\$5** for children under 12.

### CABARET 2012

**Cabaret 2012** will take place on **Thursday, March 1<sup>st</sup>, 2012** at **7:00 p.m.** in the **Holy Cross Cafetorium**. This evening features a variety of entertainment in a relaxed atmosphere. Auditions will be held on **Tuesday, February 21<sup>st</sup> at 2:45** in the music room. We welcome singers, dancers, bands, stand-up comics and solo instrumentalists. Join the **Arts Department** for **Cabaret 2012** either as a performer or an audience member. Tickets are **\$5.00** for students and **\$7.00** for adults.

### COFFEE HOUSE

This year's **Coffee House** will take place in the **HC Cafetorium** on **Thursday, February 16<sup>th</sup>**. It will begin at **7 p.m.** and the entrance fee is **\$5.00**. Come enjoy an evening of talent.

### ATHLETICS

All winter teams will resume their practice schedules on **Monday, February 6<sup>th</sup>**. Championship Sunday and Monday (**KASSAA**) have been set for basketball and volleyball at the **Queen's ARC facilities** on **February 19<sup>th</sup> and 20<sup>th</sup>, 2012**, respectively. **Holy Cross** is set to host the **Senior Boys EOSSAA Basketball Championships** the following week, taking place over two days, **Thursday, February 23<sup>rd</sup>**, and **Friday, February 24<sup>th</sup>, 2012**.

## HC ECO-CORNER

The **Green Team** began the semester with a big job to do; close up the Holy Cross, very successful, vegetable garden and prepare it for winter after its first year in vegetable production. All vegetable produce was donated to a local soup kitchen. The team planted blubs at the end of October which will produce a stunning floral display in the spring before planting begins again for the summer vegetable harvests.

A composting pilot program also began in earnest in **September** and continued with bi-weekly collections from 4 sites within the school. In time this compost will be used on the vegetable garden.

The **Green Team** also continued their waste and energy audits throughout school, as a necessary part of **Ecoschool** certification and continue to be impressed by the 'Green focus' embraced by both students and staff in these areas.

Just before **Christmas**, the **Green Team** once again partnered with the **Holy Cross Art Club** and **Mr. Lobo** to organize and run a **Green Christmas** decoration competition, with the winning classes earning a large plate of delicious homemade festive cookies. Congratulations to the winners, we're sure you enjoyed your prize!!

In the coming months our school community will celebrate **Earth Hour** and **Earth Week**. The **Green Team** will also take part in The **Best Foot Forward** conference in **March**; look for more information in the spring. Have a green semester and look out for the flowers in spring!

## SPECIAL EDUCATION AND RESOURCE

The **Individual Education Plan** is a living document designed to support academic success. We ask you to discuss with your adolescent whether they used their accommodations to achieve their marks on the semester one provincial report card and if there is a need for any updates. The next **Draft IEP** will be sent out the week of **March 19<sup>th</sup>**. Contact your special education resource teacher with comments, changes, or concerns to the **IEP** as part of the "Consultation Process" at **613-384-1919**, **Ms. Gavan Knox @ext.3426**, **Mrs. Hulse @ext 3428** and **Mrs. Poels @3425**.

### Course selection for 2012-13

If you and your son/daughter need assistance in choosing the correct level for academic success, contact your special education resource teacher. **Post-Secondary Education Transition Planners** are available in **Room 117** for graduating students not returning to **Holy Cross**. Financial Assistance Programs and Scholarship information for Post-Secondary Students with Disabilities: <http://www.studentawards.com/english/can>; <http://www.ldao.on.ca/landis.html>; and [www.ldakingston.com](http://www.ldakingston.com); [mail@autismontario.com](mailto:mail@autismontario.com).

## HC PRACTICE LOCKDOWN DRILL

In order to maintain an atmosphere that addresses the safety of all members of our community, we will be running a **Lockdown Drill** on **Wednesday, February 22<sup>nd</sup>**, to rehearse what staff and students should do in the unlikely event that a dangerous intruder invades our school; this practice is intended to inform and empower rather than alarm. Teachers will discuss and review the **Lock Down** procedures with each of their classes during the week of **February 13<sup>th</sup>**.

## SEMESTER 1 FINAL REPORT CARDS

**Semester 1 Final Report Cards** will be issued to students in their Homeroom classes on **Tuesday, February 14<sup>th</sup>**. Any parent or guardian who did not receive a report card on this date is asked to contact **Student Services** at **613 384-2023**.

## THE ONTARIO YOUTH APPRENTICESHIP PROGRAM (OYAP)

"The **Ontario Ministry of Training, Colleges and Universities** predict job growth will be strong in health care (including doctors and nurses), information technology (such as software engineers and information systems analysts), and other trades and services (including plumbers, electricians, child-care workers and dental hygienists). Job-seekers with college or apprenticeship training are expected to get 35 per cent of the new jobs, followed by university graduates, at 26 per cent. High school dropouts are expected to get just 8 per cent of the new jobs, the provincial study also showed." (Jan.13, **The Star.com**)

### Overview Of OYAP in the ALCDDB:

## NEXT MONTH AT HOLY CROSS

Thurs, March 1.....	Grade Level Reconciliations in the Library Cabaret, 7 p.m., Cafetorium
Friday, March 2 .....	World Day of Prayer
Sat & Sun, March 3 & 4.....	Cheerleading Prov'l Championship
Thursday, March 8 .....	Italy / France Trip Departs
	Girls' Rugby Tour of Scotland Departs
Friday, March 9.....	Last Day of Classes Before March Break
Sat, March 10 – Sun, March 18.....	March Break (no classes)
Wednesday, March 14 .....	Pi Day
Saturday, March 17 .....	HC Italy / France Trip Returns
Sunday, March 18 .....	Girls' Rugby Tour of Scotland Returns
Monday, March 19 .....	2012 Spring Season Team Tryouts Begin
	Return to classes after March Break
	S2 Early Progress Reports Issued
Tuesday, March 20 .....	World Water Day
	Spring Equinox
Wed, March 21 .....	100 Days Until Class of 2012 Graduation
	Graduation Info Meeting
Thursday, March 22 .....	Parent-Teacher Interviews, 7 - 9 p.m.
Fri, March 23.....	2012-13 Course Verification Selection Sheets Issued
	Holy Cross Earth Hour
	Graduates Retreat
Saturday, March 24 ... ..	Earth Hour 2012 8:30 – 9:30 p.m.
Wednesday, March 28 .....	Grade 10 OSSLT Assembly
	Kingston Youth Poverty Conference
Thursday, March 29.....	OSSLT Day
	Independent Study Day for Gr 11 & 12 (who've completed the OSSLT)
Friday, March 30 .....	(tentative) March Non-uniform Day
	Thinkfast

An apprenticeship pathway is a form of post-secondary education in which a person earns his/her qualifications or certification as a **Skilled Tradesperson**. The **OYAP** program provides high school students with opportunities to explore an apprenticeship pathway that has the potential to lead to skilled trade certification. At the beginning of second semester this year there will be 27 students formally registered as apprentices in the province in the areas of Automotive, Brick & Stone Masonry, Carpentry, Child Development Practitioner (formerly ECE), Cook, Electrician, Hairstylist, and Refrigeration (HVAC). In addition, the majority of the individuals registered will also be receiving their first level (Level 1) of apprenticeship training at either **St. Lawrence College** or **Loyalist College**. Note: Tuition is free for these programs and transportation to the colleges is supported by the **School to College Work Initiative**). Information about **OYAP** may be obtained from the **Guidance Department** or cooperative education teacher in any of the **Board's** high schools. Additional support or information is available from **Jim Johnston** or **Paul Denison**, **OYAP Co-ordinators** with the **Board**. **Jim** may be reached at **(613) 532-3985**; **Paul** may be reached at **(613) 849-8550**.

## UNIFORM

I encourage parents to see that their sons and daughters wear the proper uniform to **Holy Cross**. The uniform must be worn modestly; kilts are expected to be no shorter than two inches from the top of the knee, with plain black tights (no socks), and shirts / blouses must be neither too loose nor too tight. Throughout the day, students should wear black dress shoes, and have buttons done up and shirts tucked in. If wearing undershirts, they too must be white. *Pants are to be grey Holy Cross dress pants*. If parents see their son or daughter leaving for school in the morning with stretch pants, track pants or black pants on, we would appreciate it if you doublecheck with them that they do have the proper attire to change into upon arrival at school.

A progressive system of intervention will be put into place to deal with uniform violations, up to and including suspension from school for persistent opposition to authority. Girls who roll up their kilt or continuously wear too short a kilt will have their parents notified and will receive school consequences. Some students may be advised to let down the hem of their kilts. Students who demonstrate an unwillingness to comply and cooperate with their teachers and other school authorities on this matter will not remain in our school.

Please contact me if you have any suggestions, concerns, or questions regarding the uniform and the expectations I have been charged with putting in place. You may contact **Paul Walsh** at **613 384-1919**, ext. **3411** at any time.