

Kingston After School

School

ABA Program

Autism Skills Groups



What is an Autism Skills Group?

The Kingston After School ABA Program is offering **free** Autism Skills Groups to children/youth diagnosed with Autism Spectrum Disorder. The groups will focus on teaching a variety of skills including social, communication, behaviour/emotional regulation, and activities of daily living.

What are some skills my child/youth might learn in a group?

- Problem solving
- Greeting others
- Asking friends to play
- Accepting “no”
- Identifying feelings
- Meal preparation

Who can join?

Students diagnosed with Autism Spectrum Disorder, aged 3 to 21, of the Limestone District School Board and Algonquin and Lakeshore Catholic District School Board.

Groups will be developed based on age, location and skill. Parents may be asked to participate in weekly parent information sessions.

When and where?

The groups will occur weekly and run for 6 weeks. All groups will be scheduled after regular school hours. The program will be offered at various schools across the Kingston region.

Parents will be required to arrange transportation

How do I refer my child/youth ?

Application Packages can be found online at www.limestone.on.ca and www.alcdsb.on.ca or picked up from your child/youth’s school office.

Completed Application Packages **including documentation confirming your child/youth’s ASD diagnosis** can be dropped off at:

- Their school office
- Educational Services (164 Van Order Drive, Kingston)

Please note if you live west of Napanee, in Belleville or in Trenton, your application package can be dropped off at your child’s school office or at ALCDSB Student Services (151 Dairy Avenue, Napanee)

How can I get more information?

Please contact the Coordinator of the Kingston After School ABA Program:

Melissa Boyd–Rupa

P: 613-483-0596

E: kasp@limestone.on.ca



Maltby
CENTRE

Mental Health &
Autism Services for
Children & Youth