





# COVID-19 screening tool for schools and child care settings







Please complete before entering the child care/JK to 12 school setting

**Updated**  
March 16, 2022

**1. a) Do you have 1 or more of these new or worsening symptoms, today or in the last 5 or 10 days\*?**

			
<b>Fever</b> (37.8°C or higher) and/or chills	<b>Cough</b> (that is new or worsening)	<b>Shortness of breath</b>	<b>Decrease or loss of taste or smell</b>

**1. b) Do you have 2 or more of these new or worsening symptoms, today or in the last 5 or 10 days\*?**

					
<b>Sore throat or difficulty swallowing</b>	<b>Runny or stuffy nose</b>	<b>Headache</b> (unusual or long lasting)	<b>Extreme tiredness or lack of energy</b>	<b>Muscle aches or joint pain</b>	<b>Nausea, vomiting, and/or diarrhea</b>

If the symptomatic person has been identified as a close contact in the last 10 days, even 1 of these symptoms would require isolation for 5 or 10 days\*.

**Note:** Anyone who is sick or has any symptoms of illness should stay home until they have no fever AND their symptoms have been improving for 24 hours (48 hours for nausea, vomiting, and/or diarrhea).

- If the symptom is from a known health condition, select **No**. If the symptom is new, different or getting worse, select **Yes**.
- If there is mild tiredness, sore muscles or joints within 48 hours after a COVID-19 vaccine, select **No**.
- If you have tested negative on **2** rapid antigen tests (24 to 48 hours apart) or a single PCR test AFTER symptoms started, select **No**.




If **Yes**: Stay home and self-isolate\*. Further instructions for yourself and household members can be found on the next page.

Yes

No

**2. Have you had a positive COVID-19 test in the last 5 or 10 days\*, OR have you been told to stay home and self-isolate?**

If the required isolation has been completed, select **No**.

 If **Yes**: Stay home and self-isolate.

Yes

No

**3. Do you live with someone who is isolating because of a positive test or COVID-19 symptoms?**

Select **No**, if:

- you are 17 or younger and fully vaccinated\*\*,
- you are 18 or older and have received your COVID-19 booster dose,
- you have previously tested positive for COVID-19 in the past 90 days and have already completed your isolation, or
- the symptomatic person has two negative rapid antigen test results (24-48 hours apart) or a negative PCR test result

 If **Yes**: Stay home while the symptomatic/positive person is isolating.

Yes

No

**4. In the last 14 days, have you travelled outside of Canada and been told to quarantine or not attend school/child care?**

If **Yes**, follow the federal quarantine travel rules

Yes

No

**Note:** Travellers are required to wear a mask in public places (including school and child care), even if they are exempt from quarantine.

**If ALL answers are No, you may attend child care/school.  
All sick individuals should stay home, even if it's not a COVID-19 symptom.**

\* **Use 5 days:** If the person is age 11 years or younger OR fully vaccinated.

**Use 10 days:** If they are age 12+ years and not fully vaccinated; OR immune compromised.

\*\* **Fully vaccinated means:** 14 days or more after a second dose of a COVID-19 vaccine series, or as defined by the Ontario Ministry of Health.

## If you have COVID-19 symptoms and are not tested\* or test positive for COVID-19 and you are:

**Age 11 or younger  
OR fully vaccinated**

You **must isolate for 5 days** from when your symptoms started, or your positive test date, whichever is earlier. You must also have no fever and your symptoms must be improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea) before ending isolation and returning to school.

**For 10 days after** symptoms started or from your positive test date, you **must wear a well-fitted mask** in all public settings (including school or child care) **and avoid activities where you would need to take off your mask** (for example, playing a wind instrument or removing your mask for sports). You may remove your mask to eat, while maintaining as much distancing from others as possible. You must also avoid visiting anyone who may be at higher risk of illness.

**Age 12+ and partially vaccinated or unvaccinated  
OR immune compromised**

You **must isolate for 10 days** from when your symptoms started, or your positive test date, whichever is earlier. You must also have no fever and your symptoms must be improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea) before ending isolation and returning to school.

\*if you tested positive for COVID-19 in the previous 90 days, you are not required to test again for COVID-19, but must stay home until you have no fever and your symptoms have been improving for 24 hours (or 48 hours if nausea/vomiting/diarrhea) before returning to school.



### What household members and close contacts need to do:

**Your household members must stay home** at the same time as you, unless they:

- are 17 or younger and fully vaccinated<sup>1</sup>,
- are 18 or older and have received their COVID-19 booster dose, AND/OR
- have previously tested positive for COVID-19 in the past 90 days and have already completed their isolation.

**For 10 days after their last exposure** to you (or from when you finish your isolation), **all household members and close contacts must:**

- monitor closely for any symptoms of COVID-19,
- wear a well-fitted mask in all public settings (including school or childcare),
- avoid activities where they need to take off their mask (for example, playing a wind instrument in music class or removing their mask for sports),
- not visit anyone who may be at higher risk of illness (for example, seniors or people who are immunocompromised), and
- not visit or attend work in any highest risk settings (unless they have tested positive for COVID-19 in the past 90 days and have already completed their isolation).

**Note:** Household members already isolating because they had symptoms and/or a positive test result do not need to extend their isolation period if another household member develops symptoms or tests positive.